

# 7UfU' 7UfU' CfUb [ Yg'

## *Did you know?*

- Cara Cara oranges were first discovered in 1976 in Venezuela.
- Cara Care oranges have a rosy red flesh and very sweet in flavor due to their low acidity.
- When shopping for cara cara oranges, select ones that are firm, shiny, and feel heavy for their size.
- Cara cara oranges should be stored in a cool, well ventilated area. They can be stored at room temperature for 4 days or in the refrigerator for up to 2 weeks.
- Cara cara oranges are fat free, v